

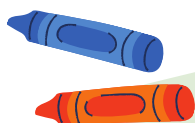
Science At Home



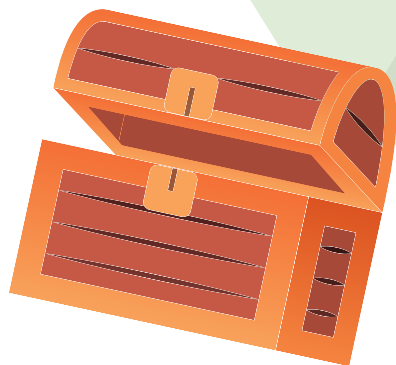
Trash or Treasure ?

Each individual in New Brunswick sends 659kg of wastes to the landfill annually. This is more than the weight of a dairy cow!

Wastes include uneaten food, plastics, electronics, paper, and household items.



There are many ways to reduce the amount of wastes sent to the landfill. Can you name a few simple actions you can take in your daily life to reduce the amount of wastes you produce?



Reusing, recycling and composting are good ways to give a second or third life to an object, while also reducing the amount of wastes sent to the landfill.

Do you have any ideas to reuse or recycle some of your wastes? For example, you could turn a can of soup into a nice pen holder!!

Science At Home



SCIENCE
EAST

Trash or Treasure ?

What To Do:

1. Take a look around your house, the recycling bin and the garbage bin.
2. Find items that you don't want or don't need anymore such as clothes, toys, shoes, pencils, bottles, etc.
3. Choose 3 or 4 items.
4. For each object, ask yourself :



- Can I **still use it**?
- Can **someone else use it**? Can I sell it on an online market place or give it to a second-hand store?
- Can I **transform it into something new**? This is called upcycling!
- Can I **compost** it? Return organic waste to the soil for gardens.
- Can I **recycle** it? Look for **recycling programs**. Ex: Paints, bottles, candy wrappers, shoes, glasses

Did you find a way to reuse or recycle or all of your items?

Share your ideas and creations with us !

